



## Grief Healing: A Doctor's Excruciating Experience [Through the Incredible Life of His Wife Sylvia] (Paperback)

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By Dr John M Gullo

Balboa Press, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Dr. John Gullo effectively discloses his fifty-one-year soul mate relationship with his wife, Sylvia, in a compelling manner. Upon marriage, his wife, Sylvia, had four children aged six to thirteen. Dr. Gullo's personal and vast professional experience leaves no doubt as to his knowledge and expertise in efficiently dealing with and resolving excruciating grief. This book does not nibble at the edges of grief--it goes to the heart. Proven practical methods allow you to become emotionally stronger. Competent sought-after answers to grief (backed by hundreds of research studies in rational emotive behavior therapy) are provided in down-to-earth language.



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