



Dad's Guide to Pregnancy for Dummies

By Matthew M.F. Miller, Roger Henderson, Sharon Perkins

Wiley India Pvt. Ltd, 2012. Softcover. Book Condition: New. 15 x 23 cm. Dad's Guide to Pregnancy For Dummies is packed with practical, straightforward information for fathers-to-be, covering all of the logistical, physical, and emotional aspects of pregnancy from a dad's unique point of view. When it comes to pregnancy, dads' roles have changed so much in the past few decades that expectant fathers don't always know where to turn to for guidance and advice on this milestone event. Now they do! Introduction Part I: So You Want to Be a Dad . . . Fatherhood: A Glorious, Scary, Mind-Boggling and Amazing Experience Beyond the Bed: Conception Basics Part II: Great Expectations: Nine Months and Counting Surviving Sudden Doubts and Morning Sickness: The First Trimester Growing Into the Second Trimester The Fun Stuff: Nesting, Preparing and Naming Expecting the Unexpected In the Home Stretch: The Third Trimester The Co-Pilot's Guide to Birthing Options Part III: Game Time! Labour, Delivery and Baby's Homecoming Surviving Labour and Delivery Caring for Your Newborn Supporting the New Mum Part IV: A Dad's Guide to Worrying Dealing with Difficult Issues after Delivery Daddy 999: Survival Tips for Bumps, Lumps and Scary Moments Time and Money:...



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