



DOWNLOAD



READ ONLINE

[4.73 MB]

Alaskas Wilderness Medicines Healthful Plants of the Far North

By Eleanor Viereck

Alaska Northwest Books. Paperback. Condition: New. Dominique Collett (illustrator). 116 pages. Dimensions: 8.8in. x 6.0in. x 0.3in. This guide to Alaskan wild plants, native and introduced, can be used to promote health and healing, use for emergency first-aid care, or to maintain wellness. More than fifty plant species are described with information on habitat and distribution as well as general information on how each one can be used as medicine. This natural history of some of Alaska's medicinal plants is not intended to serve the purpose of a self-care manual of medicine. Dr. Eleanor G. Viereck presents useful and fascinating information about trees, flowers, and shrubs accompanied by accurately rendered line drawing of the vegetation. Dr. Viereck tells where to find each plant. She also discusses plant collecting in general and how to brew healthful herb teas. An illustrated glossary, cross-references therapeutic uses of specific plants, and a thorough bibliography completes this valuable contribution to plant lore. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

Reviews

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

-- **Dr. Sarai Fisher DDS**

This pdf may be worth acquiring. It is definitely simplified but surprises inside the fifty percent of the pdf. I am pleased to let you know that this is the very best ebook we have read inside my own lifestyle and could be he finest publication for ever.

-- **Prof. Abe Satterfield IV**

Other Kindle Books



On the Go with Baby A Stress Free Guide to Getting Across Town or Around the World by Ericka Lutz 2002 Paperback

Book Condition: Brand New. Book Condition: Brand New.



How to Write a Book or Novel: An Insider s Guide to Getting Published

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Write And Publish Your Book In 2015 What does it takes to write and then have published that book you...



Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



The Official eBay Guide: To Buying, Selling and Collecting Just About Everything

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, The Official eBay Guide: To Buying, Selling and Collecting Just About Everything, Laura Fisher Kaiser, Michael Kaiser, Omidyar, Pierre, HAPPY HUNTING(TM) ON eBay Aunt Fannie's cameo pin collection.the cartoon-character lunch boxes you...



Runners World Guide to Running and Pregnancy How to Stay Fit Keep Safe and Have a Healthy Baby by Chris Lundgren 2003 Paperback Revised

Book Condition: Brand New. Book Condition: Brand New.