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SOUL COACHING: 28 DAYS TO DISCOVER YOUR AUTHENTIC SELF



Hay House Inc. Paperback / softback. Book Condition: new. BRAND NEW, Soul Coaching: 28 Days to Discover Your Authentic Self, Denise Linn, If you could really hear a message from your soul, what would it be telling you? Soul Coaching is a four-week program dedicated to an in-depth clearing and cleansing of the different aspects of your life: mental, emotional, physical, and spiritual. If not now, when? By following the practical, carefully crafted steps presented here, you'll find that you're...

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- Authored by Denise Linn
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