



Managing Your Family s High-Tech Habits: (From Video-Games to the Dark Side of the Web)

By Arnie Cole, Pam Ovwigho

Gotandem, United States, 2015. Paperback. Book Condition: New. 175 x 127 mm. Language: English . Brand New Book. Most families are riding the wave of high-tech gadgets, rarely considering its negative consequences: increased stress, connected isolation, loneliness, bad habits and behaviors, and dangerous addictions. Managing Your Family s High-Tech Habits helps you sort through the promise and the pitfalls of virtual living, showing you how to navigate social media choices and set healthy boundaries. Various chapters address hot-button issues: why boys get hooked on video games; why our daughters practically live on their cell phones; what to do when families are caught in the dark side of the web.

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