



Mad Girl (Paperback)

By Bryony Gordon

Headline Publishing Group, United Kingdom, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. THE NUMBER 1 SUNDAY TIMES BESTSELLER AND RICHARD JUDY BOOK CLUB 2017 PICKA new Sunday Times bestseller from Bryony Gordon, Telegraph columnist and author of the bestselling The Wrong Knickers. For readers who enjoyed Matt Haig s Reasons to Stay Alive and Ruby Wax s Sane New World, Mad Girl is a shocking, funny, unpredictable, heart-wrenching, raw and jaw-droppingly truthful celebration of life with mental illness. I loved it. A brilliant fast and funny and frank look at something that absolutely needs to be talked about in this way Matt HaigBryony Gordon has OCD.It s the snake in her brain that has told her ever since she was a teenager that her world is about to come crashing down: that her family might die if she doesn t repeat a phrase 5 times, or that she might have murdered someone and forgotten about it. It s caused alopecia, bulimia, and drug dependency. And Bryony is sick of it. Keeping silent about her illness has given it a cachet it simply does not deserve, so here she shares her story with trademark wit and dazzling...



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