



Don t Think of a Black Cat (Paperback)

By Mr Peter Wright

Peter Wright, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Don t Think of a Black Cat is a practical NLP user s guide for coaches and performers alike. Performance is vital these days in sport, business, performing arts, and across a wide variety of life-related situations. NLP and other techniques associated with performance psychology are explained and explored with practical examples and thought-provoking exercises - all designed to help build and enhance a toolkit of personal skills both for yourself and your colleagues, clients and players.



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