



A Philosophy of Healing and Spirituality: A Mind Adventure (Paperback)

By Hugh Drummond Fulcher

H Fulcher Publishers, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.A Philosophy of Healing and Spirituality Have you ever expected imminent death? I survived to write my story! Philosophy questioning and theories inspire science discoveries. In 1977, a physicist/nuclear engineer became depressed, bipolar, and suicidal in a dysfunctional marriage. Only love for his young children prevented his suicide. Sporadic episodes continued for 17 years. Psychiatric medications were not working. In 1994, he began an unusual healing and spiritual adventure. Conflicting neck, and facial, exercises extended his mind to emotional limits. The brain and muscles heal, and abilities expand after being stretched to limits. The brain creates the mind, and, recursively, the mind reflects control to the brain. Neuroscience models of the brain, and physics and philosophy based models of the mind and God, developed foundations for long healing and spiritual processes. Predicting inner sensation reactions from exercises channeled his unusual approach for healing bipolar, and possibly PTS or other stress, disorders. The author has not had an episode for 20 years - a monumental success! His work was kept separate from mental health and spiritual authorities. They would have discredited his...



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Reviews

A top quality publication as well as the typeface used was intriguing to learn. Yes, it is play, still an amazing and interesting literature. I discovered this publication from my i and dad suggested this book to learn.

-- Prof. Louvenia Flatley

Merely no phrases to spell out. I am quite late in start reading this one, but better then never. Your way of life period is going to be enhance once you complete reading this publication.

-- Joanie Hamill I