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POSITIVE LIVING, POSITIVE THINKING: A PRACTICAL GUIDE TO IMPROVING YOUR LIFE



Geddes & Grosset. Paperback. Book Condition: new. BRAND NEW, Positive Living, Positive Thinking: A Practical Guide to Improving Your Life, David Fong, It's easy to tell people to think positive when they don't feel positive - but this book helps to explain where our self-doubt and negative thoughts arise from. Positive thinking, Positive Living explains how you can use negative experiences, and rather than let them get on top of you, shows you how to use them, grow and use...

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- Authored by David Fong
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