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## The Second Baby Survival Guide: How to Stay Calm and Enjoy Life with a New Baby and a Toddler (Reprints)

By Naia Edwards

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, The Second Baby Survival Guide: How to Stay Calm and Enjoy Life with a New Baby and a Toddler (Reprints), Naia Edwards, The Second Baby Survival Guide offers a brilliant mixture of practical, experience-driven advice and warm supportiveness to help second-time parents-to-be cope with a new baby and a toddler. Covering everything from telling your older child about the new baby, to trying to organise your day with two in tow, this book will equip you for the exciting - and busy - journey ahead. Naia Edwards offers reassuring advice and tips on a range of topics, from ensuring everyone gets enough sleep, to tackling jealousy and tantrums in your older child and how to adapt to your bigger family. And yes, you will be able find enough love for two. With frequently asked questions and case studies offering words of wisdom from parents who've been there (and survived to tell the tale!) this is an engaging, trustworthy and enjoyable read and is set to become a parenting classic.

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