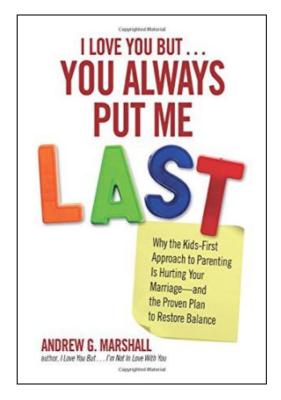
I Love You But. You Always Put Me Last: Why the Kids-First Approach to Parenting Is Hurting Your Marriage--And the Proven Plan to Restore Balance



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(Odessa Graham)

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Health Communications. Paperback. Book Condition: New. Paperback. 312 pages. Dimensions: 9.0in. x 6.1in. x 0.8in.Happy Marriage or Happy ChildrenYou dont have to choose. You can have both!If your marriage is suffering because youre too busy with the kids, youre not alone. Many modern couples fall into the same trap. By sacrificing their relationships with their partners to focus on their children, they believe theyre being perfect parents. But in fact, theyre doing their children more harm than good and theyre ruining their marriages in the process. The outcome is demanding, insecure children with unrealistic expectations of the worldand resentful, alienated spouses who feel taken for granted. The good news is that it doesnt need to be this way. You can have it all: a thriving marriage, an enriching family life, and independent, well-adjusted children. Renowned marriage therapist and author Andrew G. Marshall shows you how to revive and nurture your marriage while raising an emotionally healthy family. For over 30 years, he has been helping couples save their relationships by refocusing their priorities and putting their partners first. Youll learn why putting your children second prepares them better for adulthood, and why being a good enough parent is better than being perfect. Marshalls strategies may seem unconventional but they are rooted in decades of marriage counseling experience. Packed with tips, advice, and compelling examples, this witty and insightful guide equips you with the tools you need to turn your marriage around. Youll learn how to: Ask for the support you needOvercome differences in parenting styles and find acceptable compromisesShare household responsibilities effectivelyDefine what your children truly need from youWork together as a teamRekindle your passion for each other and keep it aliveAvoid the pitfalls of raising red carpet kids and give your children a strong foundation for adulthoodlf parenthood has...

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