



## The Five Wholeness Steps

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By Katie Mather

Xulon Press, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Five Wholeness Steps, God s Simple Plan for Healing the Wounded Soul is a unique self-help guide for a host of readers, but specifically for those who seek to recover from brokenness in relationships. Mather explains many in-depth ways to identify wounds, why we as people hide our wounds, and prepares you for self-awareness and inter-reliance on God. Her knowledge of coping mechanisms we all use, coupled with healing activities create a book packed with power scriptures and wise commentary.



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