



## The All-New Atkins Advantage: The 12-Week Low-Carb Program to Lose Weight, Achieve Peak Fitness and Health, and Maximize Your Willpower to Reach Life Goals

By Trager, M.D., Stuart L., with Heimowitz, M.Sc., Colette

St. Martin's Press, New York, 2008. Hard Cover. Book Condition: New. Dust Jacket Condition: New. Stated First Edition. 8vo - over 7¾" - 9¾" tall. This Stated First Edition from January 2008 has the required "number line" ending in a "1" to indicate First Printing. The book is in Brand New, unread condition, with a Brand New priced dust jacket. I've placed the dust jacket into an archival Brodart protective sleeve. This new 12-week program nutritionally refines Dr. Atkins' original low-carb diet to benefit dieters with an even greater weight loss during the first crucial 12 weeks. It includes meal planning and recipes. The book is bound in red paper-covered boards with die-stamped metallic blue spine titles. The book measures 7 3/4 by 9 3/8 inches and includes 362 pages.



**READ ONLINE**  
[ 2.15 MB ]

### Reviews

*I just started off reading this article publication. Sure, it is actually perform, continue to an amazing and interesting literature. Your daily life period will be transform as soon as you full reading this article pdf.*

-- **Dessie Gaylord**

*This pdf is amazing. It really is rally exciting through looking at time. I am easily could possibly get a satisfaction of looking at a created publication.*

-- **Patience Bechtelar**

## You May Also Like



### **Read Write Inc. Phonics: Pink Set 3 Storybook 8 in the Night**

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 201 x 148 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read Write Inc. Set 1 and 2 sounds....



### **Monkeys Learn to Move: Puppet Theater Books Presents Funny Illustrated Bedtime Picture Values Book for Ages 3-8**

Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.What are the Monkey s up to now? Moving! Monkeys Learn to Move helps children learn what it is like...



### **The Old Peabody Pew. by Kate Douglas Wiggin (Children s Classics)**

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Kate Douglas Wiggin (September 28, 1856 August 24, 1923) was an American educator and author of children...



### **Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers**

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original...



### **Read Write Inc. Phonics: Grey Set 7 Non-Fiction 4 the Stone Age**

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 207 x 92 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books is carefully levelled to match childrens growing...



### **Read Write Inc. Phonics: Orange Set 4 Storybook 12 Hunt the Tortoise**

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 207 x 122 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read Write Inc. Set 1 and 2 sounds....