



Superreading for Success: The Groundbreaking, Brain-Based Program to Improve Your Speed, Enhance Your Memory, and Increase Your Success (Paperback)

By Ron Cole

TarcherPerigee, 2012. Paperback. Condition: New. Language: English . Brand New Book. Learn to go beyond your average speed reading skills with SuperReading A practical guide to boosting speed, comprehension, and powers of recall! Packed with tools and techniques from the author's years of experience, this book can help readers overcome poor reading habits and learn to read at high speeds with good comprehension and recall. It includes memory training; information on learning, attitude, and achievement; and unique exercises that teach readers to mentally process multiple words at a glance. Some of Ron Cole's unique methods for improving your reading skills include: Hand Pacing: Using your hand (i.e. tracking the words you're reading with your finger) and adjusting the angle at which you sit to improve your focus. Previewing: Reading the first sentence of every paragraph of a document in order to give yourself a head start on the entirety of the material. Eye-Hop: A unique method to the SuperReading technique that will teach the reader to read and comprehend groups of words at a time, rather than individually. Parroting: A method for repeating to yourself either aloud or on paper information you have just read, making the...



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