



## Allergy-Free Kids: The Science-Based Approach to Preventing Food Allergies (Hardback)

By Robin Nixon Pompa

HarperCollins Publishers Inc, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Based on recent groundbreaking studies that will change the way parents feed their children, Allergy-Free Kids is a revolutionary guide to preventing food allergies. When her infant daughter was diagnosed with life-threatening food allergies, Robin Nixon Pompa found Dr. Gideon Lack, a clinical researcher on the verge of a breakthrough in allergy prevention and treatment that would heal her daughter and, later, her sons. The secret: building acceptance of allergens through repeated careful feedings. Instead of avoiding eggs, nuts, and other allergens, as previous recommendations held, most parents should introduce them into their children s diets, early, carefully and often, for at least the first five years of life. This life-changing approach is being embraced by the medical community, especially for peanut allergy, and is reflected in new guidelines from the American Academy of Allergy, Asthma and Immunology, the National Institutes of Health and other major medical associations. Allergy-Free Kids includes a concise, easy-to-understand overview of the research as well as seventy simple and delicious kid-friendly recipes to help parents integrate unfamiliar allergen foods into a child s diet. Divided by allergen, Allergy-Free Kids contains...



**READ ONLINE**  
[ 1.43 MB ]

### Reviews

*This pdf may be really worth a read, and superior to other. It generally does not price too much. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

*-- Dylan Schaden*

*This book is worth getting. Yes, it really is enjoy, continue to an amazing and interesting literature. You can expect to like how the author publish this book.*

*-- Prof. Cindy Paucek I*

## Other eBooks



### **I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book**

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy reading identities, that foster an attraction to...



### **Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]**

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



### **Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English]**

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



### **Weebies Family Early Reading English Book: Full Colour Illustrations and Short Children s Stories**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Children s Weebies Family Early Reading English Language Book 1 starts to teach Pre-School and Junior Children how to read....



### **Where Is My Mommy?: Children s Book**

Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This children s book is wonderfully illustrated. It has an awesome plot to draw the reader into the story. This...



### **Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer**

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Children s Handwriting Book of Alphabets and Numbers provides extensive focus on alphabet tracing and number tracing for the...