



Concussions and Our Kids: America's Leading Expert on How to Protect Young Athletes and Keep Sports Safe (Paperback)

By Dr Robert Cantu, MD Mark Hyman

Mariner Books, United States, 2013. Paperback. Condition: New. Reprint. Language: English . Brand New Book. See the movie Concussion. But first read the classic book from the acclaimed concussion doctor who's changing how America thinks about safety in youth sports. This is an important, cutting-edge work by the premier specialist in his field. If you watch sports, or if you have a young athlete in your family, you need to read this book. Dan Shaughnessy, author of *The Curse of the Bambino* From Washington to Quebec, from offices at the NFL to the New York Times, from the NHL players union to the soccer fields of Anytown, U.S.A., people are talking about concussions. At the center of this crisis and one of the key reasons for this increased awareness is Dr. Robert Cantu, the country's leading expert on athletic brain trauma and a pioneer in the study of the link between concussions and progressive brain disease in athletes. *Concussions and Our Kids* is the first prescriptive book of its kind to address the issue of head trauma in sports and to offer guidelines for playing sports safely. Described as the single most important issue in sports today, concussions...

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The ebook is straightforward in study better to comprehend. It really is simplistic but excitement within the 50 % of the book. I am happy to let you know that here is the very best pdf i have got read during my very own existence and might be he greatest ebook for possibly.

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