



## The Food Activist Handbook

By Ali Berlow

Storey Publishing LLC. Paperback. Book Condition: new. BRAND NEW, The Food Activist Handbook, Ali Berlow, Small steps can create big changes in your community's food quality and food security, helping to get more healthy food to more people and support a better food system. Ali Berlow shows you dozens of things that anyone can do, from creating a neighbourhood kitchen for preserving fresh food to mapping farmland, connecting food pantries with food producers, starting a school garden, and organizing a community composting initiative. Every action you take can help keep farmers on the land and family farms intact, keep money in the local economy, reduce the carbon footprint associated with food transportation, and preserve local landscapes.



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