



Inside Out: My Book about Who I Am and How I Feel (Paperback)

By Gretchen Van Kleeef

Balboa Press, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. When youre almost a teenager, theres a lot of new and amazing stuff happening to you. Your parents want you to take more responsibility, but then they act like they dont trust you. Your friends want you to try new things that might get you in trouble. Your feelings about yourself, the people you know, and your world are changing, sometimes daily. It seems like everything is changing! Thirteen kids ages eight to twelve worked with the author to make this journal. Now you can use Inside Out to think about and decide about all sorts of things. How can you get your parents to see that youre growing up? What if your friends try drugs? How can you look your best? What makes you feel good? Any time you want, you can find a page in this journal that talks about whats bothering you. Youll discover some good ideas and space to write or draw as you think things out. Inside Outs a place where you can explore ideas about growing up. Its a special place to find yourself.



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