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WHAT TO EAT?: 10 CHEWY QUESTIONS ABOUT FOOD



Granta Books. Paperback. Book Condition: new. BRAND NEW, What to Eat?: 10 Chewy Questions About Food, Hattie Ellis, Deciding what to eat is no longer a simple matter of instinct and appetite. Every choice we make about the food we put on our plates is complicated. Is meat good or bad for me? Is buying local always best? Is organic worth it? WHAT TO EAT? asks all these questions and more: some are specific, going back to the nature of...

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