



## Storm in a Teacup?: Develop a positive outlook on life, during your tea break

---

By Christopher John

Inspiring Aspiration. Paperback. Condition: New. This item is printed on demand. 106 pages. Dimensions: 7.8in. x 5.1in. x 0.2in. How full is your cup Is your cup half full, or half empty Sometimes we may feel our cup is completely empty, or other times overflowing to the extent we cant cope. Just like a refreshing cup of tea, Storm in a Teacup offers a chance to pause, reflect and feel ready to face the world, energised and positive for the future. Develop a positive outlook on life, whatever your current mindset - however full or not your cup is! In this book, Christopher John explores our outlooks on life, questioning the benefits of viewing your cups fullness and emptiness at different times. Filled with humour, insight, wit and wisdom in equal measure, Storm in a Teacup wont try to persuade the pessimist, or reason with the realist, but it will highlight the significance of those mindsets in your life. Perfect for dipping into when feeling stuck in any particular mood, every reader will find a chapter that aligns with their current frame of mind. Without judgement, Christopher John expertly invites the reader to be aware of their situation, and offers thinking...



**READ ONLINE**  
[ 1.95 MB ]

### Reviews

*These sorts of ebook is the perfect publication accessible. I really could comprehended every little thing out of this created e ebook. I am very happy to inform you that this is basically the very best ebook i actually have study within my personal life and might be he finest pdf for ever.*

-- **Favian O'Kon**

*A really amazing ebook with lucid and perfect answers. It is really simplistic but excitement in the 50 % in the publication. I am just happy to explain how this is actually the best pdf i actually have study during my individual daily life and may be he greatest ebook for possibly.*

-- **Toney Bogan**