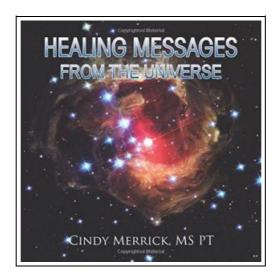
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HEALING MESSAGES FROM THE UNIVERSE (PAPERBACK)



iUniverse, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In today s world, there are a multitude of factors that can contribute to illness and disease. Some of these factors include poor health habits, exposure to toxins, consuming unhealthy foods, negative thinking, fear, stress, and life s uncontrollable circumstances. The good news is that it is often possible to transition from disease into wellness, darkness into light, and separateness into wholeness. Connecting to our higher power will create a strong foundation for self-improvement. Implementing healthy lifestyles, living in the present moment, and filling our lives with love, hope, and knowing is the key to manifesting healing. In Healing Messages From The Universe, Cindy shares 33 powerful adjectives and affirmative healing quotes designed to positively transform our consciousness and our future. Cindy believes that health is a dynamic and ever changing process and that health incorporates the physical, emotional, spiritual, mental and social aspects of our lives. With descriptive wording superimposed over breathtaking images of our amazing universe, as captured by the Hubble Space Telescope, Cindy encourages readers to contemplate on each healing word and phrase. This book was created to assist in the healing of acute and chronic health conditions as well as in overcoming emotional road blocks such as fear, grief, loss, pain, anger, stress, disappointment and anxiety. Healing Messages From The Universe shares inspirational quotes intended to provide readers with the opportunity to focus upon healthy living, to think positive, to let go of the past, to heal, and to ultimately create optimal health and well being.



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