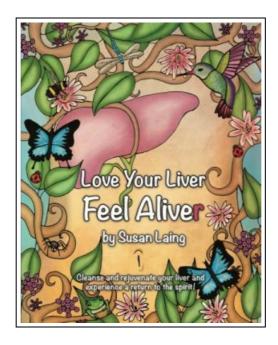
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Reviews

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(Alda Barton)

LOVE YOUR LIVER FEEL ALIVER: LIVER AND GALLBLADDER DETOX WITH PLANT-BASED, ANTI-INFLAMMATORY, MUCUS-FREE RAW FOOD RECIPES. PLUS TIPS, DIAGRAMS, PHOTOS FOR CANDIDA; A FATTY LIVER AND MOST HEALTH CONDITIONS (PAPERBACK)



Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand *******.Love Your Liver: Feel Aliver book is written with the intent to inspire, empower and educate people who are suffering from poor health. Did you know that a fatty liver has become an epidemic in our current world. The increase has gone from 0-30 in just 30 years! Non- alcoholic liver disease is a recent disease. Most diseases, such as: inflammatory bowel problems, even simple constipation, obesity, heart problems, asthma, depression, high cholesterol, liver cirrhosis, secondary diabetes, anxiety, hormonal issues, chronic fatigue, candida and so on, all benefit from cleansing the gallbladder and liver. If you have been looking for some answers to your health, then pause, as this book could be the solution to your health imbalances. Did you know that the liver is considered to be the seat of the spirit in some parts of the globe. Most people who have eaten too much processed food and too much commercialized animal products are suffering from a congested liver and gallbladder. This book has been written with the intention to guide you through the processes of cleaning out the liver, gallbladder and colon, all whilst you indulge in some delicious mucus free raw food recipes, helping you, reclaim back your health. Each recipe has been created bursting with anti-inflammatory antioxidants, enzymes and vital force. It also contains easy to understand diagrams and beautiful illustrations making information easier to digest. Alkaline mucus-free raw food is best if wild, non-hybridized, organic and uncooked. Mucus-free raw food also keeps the blood at a healthy alkaline level, contains natural energizing bio-photonic light, and is high in healing antioxidants. The mucus-free properties allow cleansing to take place around all cells. This allows negative emotions and trauma...

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