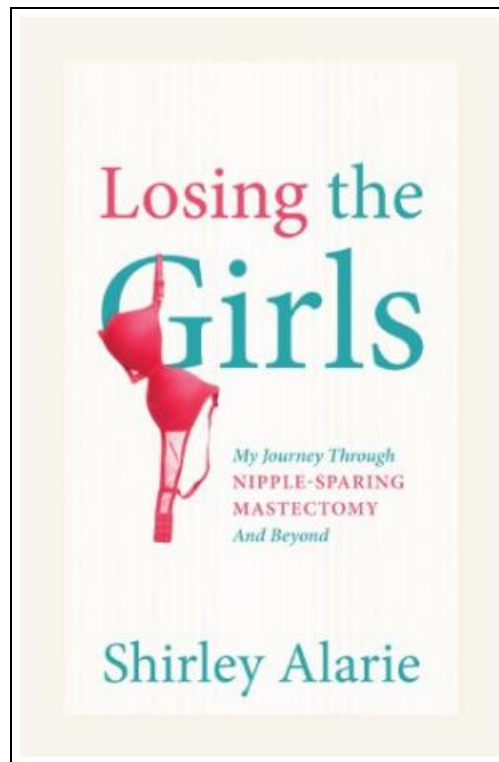


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Outskirts Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Delve into the breast cancer journey and beyond in *Losing the Girls*, a unique memoir differentiated by the author's cutting-edge nipple-sparing mastectomy (NSM) a little-known breast cancer surgery technique that leaves the breast completely whole. Shirley Alarie shares her story to boost awareness of this specialized procedure, which is only offered at select hospitals. She believes that women facing mastectomies deserve to know all of their options. Shirley found that the biggest challenge of her life began with a convoluted breast cancer diagnosis; and then there was the overwhelming array of surgery options. Mastectomy or lumpectomy? Single mastectomy or double? Reconstruction or no reconstruction? She worried about making the right choice and how her decision would affect her both in the short and long term. How would it affect her marriage? Was it crazy to choose a hospital three hours from home? After the surgery, Shirley's determination to beat the cancer triggered a lifestyle transformation that resulted in a stronger, more empowered woman. Her deep faith in God and her peace with the afterlife helped shape her response to this life-changing ordeal with cancer and the love and support of an amazing posse of family and friends, along with a liberal dose of humor and hope, pulled her through the darkness and back into the warm, sunny light. *Losing the Girls* is a powerful and uplifting book that every woman and the people who love them should read. About the Author: Shirley Alarie wrote her memoir in order to spread awareness of NSM, and she published a website that identifies some of the hospitals that perform this surgery. Check it out at // Or join her on Facebook to celebrate...



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