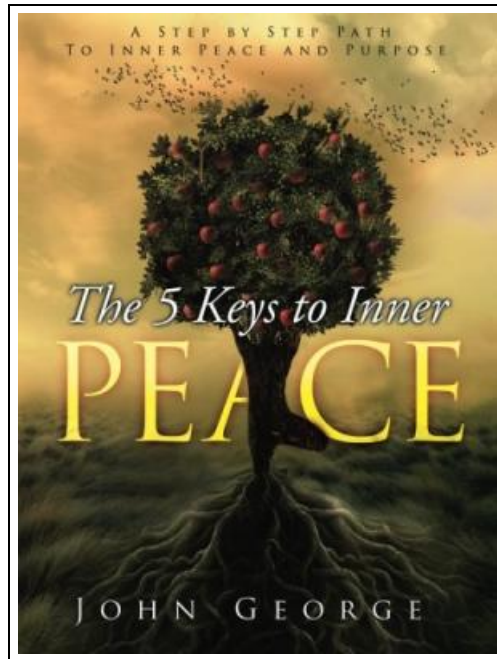


The 5 Keys to Inner Peace: A Step by Step Path to Inner Peace and Purpose



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THE 5 KEYS TO INNER PEACE: A STEP BY STEP PATH TO INNER PEACE AND PURPOSE



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Balboa Press Australia, United States, 2015. Paperback. Book Condition: New. 280 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you tired of going on an emotional rollercoaster? Sick of having your buttons pushed by others? Keep getting confused as to what you should do with your life? From being diagnosed with clinical depression to living an inspired life, John explains life's natural blueprint for creation that simply flows. Peace comes first, followed by purpose, which leads to high performance. Flow occurs, allowing you to create without struggling and straining. In *The Five Keys to Inner Peace*, John outlines a simple science to being at peace that is remarkably simple, transforming the lives of those who apply the five keys. Quite simply, human beings are not at peace when one or more of the five keys are out of balance. When you balance all five through simple action steps, you have nowhere left to fall. The uneasy feeling in your chest is replaced by a sense of peace, which allows you to make better decisions in all areas of life. This book will help readers regain a sense of who they truly are and rediscover what they came into this world with: inner peace and self-love. I was fortunate to be coached by John on the five keys to inner peace. As a counselor myself, it really opened my eyes to a whole new way of living. Most importantly it improved my relationships with my husband and daughter. You will never see yourself or life the same way again. Do yourself a huge favor and read the book. -Netia M.



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