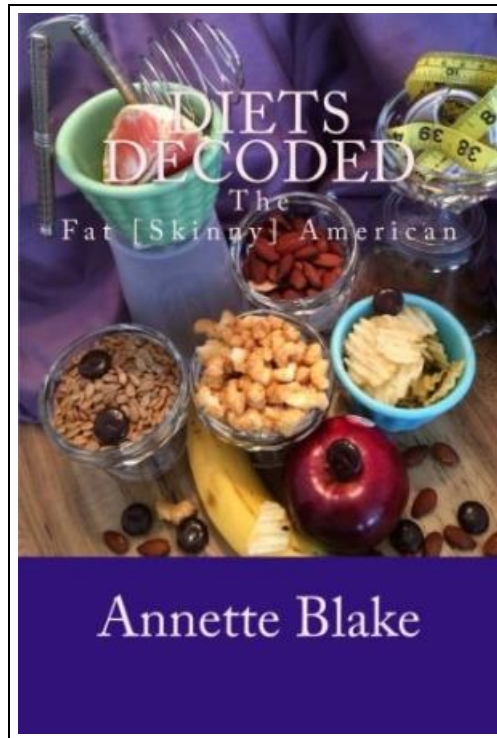


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Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\* Annette Blake has over 10 years experience working as a Weight Loss Consultant Coach. She has worked extensively on a 1-on1 basis with clients but has also worked for a major weight loss company. Her experience has enabled her to obtain a solid understanding of the world of weight loss consulting and coaching. As a person who has been on her own weight loss journey (most of her life) and finally achieved absolute success and freedom from her own seemingly desperate and hopeless weight gain, she is very compassionate about helping others do the same. Being compassionate is not enough for Annette though. She is also committed and extremely passionate about helping people not just lose weight, but in helping them decode the mystery behind why the diets they repeatedly try have not worked so that they never have to make the same mistakes of weight loss followed by weight gain again. In her newest book, The Fat [Skinny] American; Book One: Diets Decoded, Annette proves just how committed she is to helping others by not only telling her own story, but offering a set of Life Success Tools that she used and still uses today and is so confident that they can and will work for anyone who uses them that she guarantees their success.



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