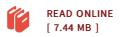


By Ben Brown M. D.

IM Publishing. Paperback. Condition: New. 116 pages. Dimensions: 7.0in. x 4.4in. x 0.2in.THIS IS YOUR CRASH CART Inside this pocket-sized book you will everything you need to survive Medical Residency. It offers 50 concise, easy-to-digest nuggets of wisdom that will make your life better both in and out of the hospital. Its meant to be read wherever you are: between rounds, on the train, when you are feeling like you are going to crack. Nothing in life prepares you for Residency, but this book will give youlife-saving tips and tricks, including: Get three hours of instantsleep Get a work out in four minutes Make three days breakfast in under 10 minutes Manage your time when you have No Time Shake off Bad Mojo Manage Stress like a Samurai And 44 power packed simple things! Foreword by Dean Ornish MD This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.





## Reviews

This publication is amazing. This can be for all who statte that there had not been a worth reading through. I realized this publication from my i and dad encouraged this ebook to find out.

-- Desmond Schuster II

The book is fantastic and great. It normally will not cost an excessive amount of. I am just easily could possibly get a satisfaction of reading a published ebook.

-- Edgar Witting

## Related Kindle Books



iPhone 6 iPhone 6s in 30 Minutes: The Unofficial Guide to the iPhone 6 and iPhone 6s, Including Basic Setup, Easy IOS Tweaks, and Time-Saving Tips

I30 Media Corporation, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In 30 minutes, learn how to unlock the secrets of your iPhone 6, iPhone 6S, or iPhone 6/6S...



## Read Write Inc. Phonics: Grey Set 7 Non-Fiction 4 the Stone Age

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 207 x 92 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books is carefully levelled to match childrens growing...



Daddyteller: How to Be a Hero to Your Kids and Teach Them What's Really by Telling Them One Simple Story at a Time

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. You have the power, Dad, to influence and educate your child. You can teach your child about a virtue or...



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. From a certified teacher and founder of an online tutoring website-a simple and effective guide for parents and students to...



## Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

 $Madelyn\ D\ R\ Books.\ Paperback.\ Book\ Condition:\ New.\ Paperback.\ 106\ pages.\ Dimensions:\ 9.0in.\ x\ 6.0in.\ x\ 0.3in.\ This\ book\ is\ about\ my\ cousin,\ Billy\ a\ guy\ who\ taught\ me\ a\ lot\ over\ the\ years\ and\ who\ can\ teach\ you\ a\ lot.\ Everyone\ who...$ 



On Becoming Baby Wise, Book Two: Parenting Your Five to Twelve-Month Old Through the Babyhood Transition Parent-Wise Solutions, 2012. Paperback. Book Condition: New. BRAND NEW, Perfect Shape, No Black Remainder Mark, Fast Shipping With Online Tracking, International Orders shipped Global Priority Air Mail, All orders handled with care and shipped promptly in secure packaging, we ship Mon-Sat and send...