



Understanding OCD: A Guide for Parents and Professionals (Paperback)

By -

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Giving a full overview of childhood obsessive compulsive disorder (OCD) and discussing all major treatment options, including cognitive behavioural therapy and medication, this guide provides the essential information that families, teachers, caregivers, clinicians and mental health professionals need in order to understand and treat childhood OCD. It covers origins, symptoms and related illnesses and explains how OCD is diagnosed. The book also suggests ways to maximise the outcomes of treatment, what to do when treatment doesn't work, and how to help manage OCD in children at school and in the home.

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