



On Becoming Birthwise

By Sharon Nelson

Parent-Wise Solutions. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 8.1in. x 5.2in. x 0.8in.Medical research continually develops better ways to manage labor and delivery for healthy outcomes. With all of the choices, theories, and plethora of ideas available today, its a challenge for expectant parents to know where to turn for wise counsel. Where will you turn for help On Becoming Birthwise has the answers for you. As an outgrowth of a childbirth course created in 1989 by a group of health-care providers knowledgeable and skilled in labor and delivery, (and now with over eighty years of collective hospital and clinical experience behind them), this resource is a must-read for every expectant parent. Our authors explore the medical options available from high-tech intervention to natural childbirth. You will grow in your understanding and appreciation of the physical and emotional transitions taking place during your pregnancy and at each stage of labor. Similar to the other seven books in our series, On Becoming Birthwise is informative, practical, and easily understood, and perhaps most importantly, written from the hearts of moms who are also medical professionals. The Birthwise method is a confidence-builder providing sound advice to assist any expectant couple in...



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